

## *HEALTHY COOKING WITH CHEF VINITHA*

### **NUTRIMEAL - VEGAN COOKING CLASS BY CHEF VINITHA**

Vinitha Ang is the founder & owner of *NutriHub Culinary Art* as well as the former NutriHub – the Organic Fusion Café. She is trained in nutrition & psychology with a master degree in health care management. Having nursed her parents thru' their battle with cancer, she decided to change her diet from non-vegetarian to vegetarian in 2004, and later to taking more organic / natural wholesome food. Since 2008, she has conducted numerous NutriMeal cooking, Raw Vegan Cuisine as well as Vegan Baking classes for individuals, groups and corporate companies / organizations.

### **MENU**

#### **VEGAN KOREAN KIMCHI**

素食韩国泡菜 Sù shí hán guó pào cài

#### **EIGHT TREASURE BROWN RICE**

八宝糙米饭 Bā bǎo cāo mǐ fàn

#### **FIVE SPICE SALAD TOFU**

五香沙拉豆腐 Wǔ xiāng shā lā dòu fu

**Date:** 18<sup>th</sup> APRIL 2013 (THURSDAY)

**Time:** 7.00pm to 9.00pm

**Venue:** CHEF COOKERY STUDIO

30A SMITH STREET (CHINATOWN)

SINGAPORE 058944

**Fee:** \$55/- only

**Payment:** Cash or NETs only.

*Please book your seats NOW!*

